



The Third Sunday of Lent

March 12, 2023

WELCOME

to St. Andrew's Episcopal Church

a member of the Central Michigan Episcopal Covenant

St. Andrew's Episcopal Church

Big Rapids, MI

Seeking every day to love God
with our whole heart, mind, and soul, and
to love our neighbors as ourselves.

St. Mary's Episcopal Church

Cadillac, MI

We strive to live out the Great
Commandment: To love the Lord with all
our heart, soul, and mind and to love our
neighbors as ourselves.

If you have a faith or are seeking one, you are always welcome here.

If you are visiting or looking for a spiritual home,
we'd love to get to know you.

THE HOLY EUCHARIST: RITE II

Note on today's service: We are joined by high schoolers from our dioceses who are participating in a Lenten retreat on Dismantling Racism. Some elements of our service today are taken from the dismantling racism youth curriculum created by the Absalom Jones Center and from the Antiracism Training Manual of the Episcopal Church.

THE WORD OF GOD

BCP, p. 355

Processional Hymn *All stand as able.*

Hymnal, #142

Opening Acclamation and Collect for Purity

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

The celebrant prays the collect for purity.

The Kyrie

Hymnal, #S-91

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you**

Celebrant Let us pray. *The celebrant prays the collect of the day.*

The Lessons *All sit as able. Text found in the bulletin insert.*

First Reading

Exodus 17:1-7

After the reading: **Reader** The Word of the Lord.

People **Thanks be to God.**

The Psalm

Psalm 95

Second Reading

Romans 5:1-11

After the reading: Reader The Word of the Lord.
 People **Thanks be to God.**

Gospel Hymn

All stand as able.

Hymnal, #458 v1-3

The Holy Gospel

John 4:5-42

Before the Gospel:

Celebrant Holy Gospel of Our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

After the Gospel:

Celebrant The Gospel of the Lord
People **Praise to you, Lord Christ.**

Homily

Mtr. Radha Kaminski

Dismantling Racism Litany of Confession & Renewal of the Baptismal Covenant

Celebrant Dear siblings in Christ, these youth from our dioceses have been gathered this weekend to acknowledge and confess the sins of racism, the systems of injustice and oppression that surround us, and the ways in which we have participated in them or been harmed by them. Therefore, I invite you to join us in confessing those sins that scar our past and continue to wound our present. Let us ask God's forgiveness, that we may be transformed more fully into the body of Christ.

With each statement, write down an example of that sin on a new strip of paper. It can be one you have learned about from history, or one you have seen committed. It can be a sin personally committed, or one you know about or have witnessed.

Leader We confess as sin the racism of our nation's history:

We name as sin that our nation allowed some people to benefit from the forced labor of enslaved persons.

We name as sin the terrible oppression of Jim Crow laws and segregation.

We name as sin that those who had power to oppose those laws remained silent.

We name as sin that many resisted and spoke openly against those who fought for Civil Rights.

We name as sin all systems of injustice that unfairly benefit some and unfairly disadvantage others.

We repent, and ask the forgiveness of the descendants of those enslaved people who have been uniquely affected by this sin.

We have failed to uphold our covenant to respect every human being; we lament the continuing problem of racism in our Diocese, our state, and in our country, and we seek God's forgiveness.

We ask for healing for all in our communities who have been affected by those sins.

We confess as sin the racism and prejudice of the present age:

We are repent and are sorry for making presumptions about people based on their skin color.

We repent of believing our value comes from the way we look, and not from our being made by a loving God in God's own image.

We repent of believing that we are not enough as we have been made.

We are repent and are sorry for making fun of the way someone's name sounded.

We repent of our unconscious biases, such as realizing that we associate terms like "welfare" or "poverty" or "criminal" with a certain skin color or ethnicity.

We repent of other unconscious biases, such as expecting those in positions of power or respected professions to only be of the dominant race.

We repent from passing over the stories of people who are not in "our group" as less valid than the stories of those from "our group" who look more like us.

We repent of not believing the stories others tell us about their experiences, especially when it comes to discrimination; we turn from assuming those stories are exaggerated, and we turn back toward listening to each other with compassion.

We repent of not knowing the family, stories, history, or cultural customs of our friends of different races.

We confess as sin that we have laughed at racial stereotypes.

We confess as sin that we make assumptions that we are smarter or more capable of a person who's of a different race without evidence.

We turn away from the denial of the reality of racism.

We turn away from denying the damages racism has caused our brothers and sisters, and that those damages are still causing pain.

We repent of looking at instances of discrimination and thinking, "not my problem."

We turn away from thinking that if we stop talking and complaining about race, it will stop being so much of an issue, and we turn toward others, even if turning toward others means having challenging conversations.

The leader gives instructions for what to do with your strips of paper.

Celebrant God love you and have mercy upon you; through the cross of Christ, pardon you and set you free. God forgives you; forgive others. Forgive yourself; in the name of the Source, the Word, and the Spirit. **Amen.**

The process of dismantling racism, racial healing, and reconciliation is a lifelong endeavor. Please join with me in renewing our Baptismal Vows.

Celebrant Do you believe in God the Father?

People I believe in God, the Father almighty, creator of heaven and earth.

- Celebrant Do you believe in Jesus Christ, the Son of God?
People **I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit and born of the
Virgin Mary. He suffered under Pontius Pilate, was crucified, died,
and was buried. He descended to the dead. On the third day he rose
again. He ascended into heaven, and is seated at the right hand of the
Father. He will come again to judge the living and the dead.**
- Celebrant Do you believe in God the Holy Spirit?
People **I believe in the Holy Spirit, the holy catholic Church, the communion
of saints, the forgiveness of sins, the resurrection of the body, and the
life everlasting.**
- Celebrant Will you continue in the apostles teaching and the fellowship, in the
breaking of bread, and in the prayers?
People **I will, with God's help.**
- Celebrant Will you persevere in resisting evil, and, whenever you fall into sin,
repent and return to the Lord?
People **I will, with God's help.**
- Celebrant Will you proclaim by word and example the Good News of God in
Christ?
People **I will, with God's help.**
- Celebrant Will you seek and serve Christ in all persons, loving your neighbor as
yourself?
People **I will, with God's help.**
- Celebrant Will you strive for justice and peace among all people, and respect the
dignity of every human being?
People **I will, with God's help.**
- Celebrant Hear the good news of the Gospel: that there is forgiveness and mercy
and grace and healing in our Lord Jesus Christ! **Amen!**

The Prayers of the People

Form V

Intercessor In peace, let us pray to the Lord, saying "Lord, have mercy."
For the holy Church of God, that it may be filled with truth and love,
and be found without fault at the day of your coming, we pray to you,
O Lord.

People Lord, have mercy.

Intercessor For Michael, our Presiding Bishop; Prince, our Bishop Provisional;
Anne, our Canon Missioner; Radha, our Rector; our Central Michigan
Episcopal Covenant. St. Christopher, Grand Blanc - Jerry, Rector
St. Philip's, Beulah – Mike, Senior Warden; for all bishops and other
ministers. We pray for all those in our diocese discerning calls to
ministry, both lay and ordained. In particular, we pray for those in our
dioceses preparing for the Sacred Order of Priests, including Joe,
Barrett, Alex, Matt, and Anne Marie. We pray also for those in our
dioceses preparing for the Sacred Order of Deacons, including:
Abraham, John, Stephanie, Thon, Jennifer, Justin, Jessica, Julianne,
Beckett, Rachel, John, Linda, Cathy, Dell, Theresa. We remember with
gratitude the retired clergy of the diocese. For all bishops and other
ministers, and for all the holy people of God, we pray to you, O Lord.

People Lord, have mercy.

Intercessor For all who fear God and believe in you, Lord Christ, that our divisions
may cease, and that all may be one as you and the Father are one, we
pray to you, O Lord.

People Lord, have mercy.

Intercessor For the mission of the Church, that in faithful witness it may preach the
Gospel to the ends of the earth, we pray to you, O Lord.

People Lord, have mercy.

Intercessor For those who do not yet believe, and for those who have lost their faith, that they may receive the light of the Gospel, we pray to you, O Lord.

People Lord, have mercy.

Intercessor For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

People Lord, have mercy.

Intercessor For those in positions of public trust especially Joe, our president; Gretchen our governor; and Fred, our mayor, let us pray to the Lord.

People Lord, have mercy.

Intercessor For this city, for every city and community, and for those who live in them, let us pray to the Lord.

People Lord, have mercy.

Intercessor For a blessing upon all human labor, and for the right use of the riches of creation, that the world may be freed from poverty, famine, and disaster, we pray to you, O Lord.

People Lord, have mercy.

Intercessor For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

People Lord, have mercy.

Intercessor For this congregation for those who are present, and for those who are absent, that we may be delivered from hardness of heart, and show forth your glory in all that we do, we pray to you, O Lord.

People Lord, have mercy.

Intercessor For all who have commended themselves to our prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord.

People Lord, have mercy.

Intercessor For those in the St. Andrew's circle of prayer: Carlson Family, Barbara, Nogah, Coleen, Kyler, Marty & Rachel, Doug, Beth, Sarah, Paula, Sally, Julane, Jack, Sharon, Richard, Richard, Susan; For those in the St. Mary's circle of prayer: Jerry, Ken, Kyle, Madi, Lori, Delalia, Cindy, Don, Barb, Lonnie & Heather, Dorothea, Erin, Zack, Colleen; For our family and friends in the armed forces and who are first responders: Richard, Corey, Matt, Teylor, Tony, Kim, Drew, Jon, Sabastian, Noah, Eli, Jess; And for all those we name at this time. *Silence*
We pray to you, O Lord.

People Lord, have mercy.

Intercessor For all who have died, especially Larry, in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

People Lord, have mercy.

Intercessor Rejoicing in the fellowship of the ever-blessed Virgin Mary, blessed Andrew, and all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

People To you, O Lord our God. Silence

Celebrant O Lord our God, grant us humility and wisdom to discern when your Spirit must come to accomplish that which human beings and groups cannot, we pray in the name of Jesus, himself, the bread of justice and the cup of solidarity. **Amen.**

The Peace *All stand as able.*

Celebrant The peace of the Lord be always with you.

People **And also with you.** *The people greet each other in the name of the Lord.*

The Celebration of Special Days and Announcements

THE HOLY COMMUNION

The Offertory *The celebrant says the offertory sentence.*

While the offertory plates are brought to the altar, all sing:

The Doxology

Praise God from whom all blessings flow; Praise Him, all creatures here below;

Praise Him above, ye heavenly host; Praise Father, Son and Holy Ghost. Amen.

TEXT: Thomas Ken
MUSIC: *Genevan Psalter*, 1551; attributed to Louis Bourgeois

OLD HUNDREDTH
L.M.

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

Celebrant God of all power, Ruler of the Universe,
you are worthy of glory and praise.

People Glory to you for ever and ever.

Celebrant At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

People By your will they were created and have their being.

Celebrant From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

People Have mercy, Lord, for we are sinners in your sight.

Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

People By his blood, he reconciled us. By his wounds, we are healed.

Celebrant And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

The Sanctus

Hymnal, #S-130

The people stand or kneel as able while the celebrant gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine. Then says:

Celebrant Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**People We celebrate his death and resurrection,
as we await the day of his coming.**

Celebrant Lord God of our Ancestors: God of Abraham and Sarah, Isaac and Rebekah, and Jacob, Leah and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People Risen Lord, be known to us in the breaking of the Bread.

Celebrant Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

Celebrant And now, as our Savior Christ has taught us, we are bold to say,
 All **Our Father, who art in heaven, hallowed be thy Name, thy kingdom
 come, thy will be done, on earth as it is in heaven. Give us this day
 our daily bread. And forgive us our trespasses, as we forgive those
 who trespass against us. And lead us not into temptation, but deliver
 us from evil. For thine is the kingdom, and the power, and the glory,
 for ever and ever. Amen.**

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept. Then all sing:

The Fraction

Hymnal, #S-158

The Invitation

Celebrant The Gifts of God for the People of God.

All are welcome at God's table.

Please come forward and kneel or stand at the altar rail to receive communion. Return to your pew by the side aisle. If you need communion brought to you, let an usher know.

THE DISTRIBUTION OF THE BREAD – You can either,		
	<i>Consume</i>	Hold out your hands and then consume the bread after it is placed in your hand.
	<i>Gluten-Free</i>	If you require a gluten-free wafer, please clasp your hands.
	<i>Blessing</i>	If you prefer not to receive, cross your arms for a blessing.

THE DISTRIBUTION OF THE WINE – You can either,



Drink

Grasp the base of the chalice and guide it to your lips to drink the wine.



Intinct

Hold up the bread. The minister will take the bread, dip it for you, and hand it back to you.



*Not
Receive*

Cross your arms. The minister will hold the chalice up, but you will not drink.

Communion Hymn

Hymnal, #693

Prayer after Communion

All stand or kneel as able.

Celebrant Let us pray.

All **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

The Blessing *All stand as able while the celebrant blesses the people.*

Celebrant Come, Spirit of Blessing, anoint us with your oil of promise.
Do not look on our appearance, but look on our hearts,
and grant us courage for the future you have planned.
And may the blessing of Christ of the forgiving warmth,
Christ of the yearning tears,
Christ of the transforming touch,
and the holy and undivided Trinity
be upon you and remain with you always. **Amen.**

Recessional Hymn

Hymnal, #690

The Dismissal

Celebrant Go in peace to love and serve the Lord.

People Thanks be to God.

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